

STUDENT WELLNESS

SAU #9 strives to realize the full potential of each and every student. The Conway School Board recognizes that a student's readiness to learn is related to his/her physical and psychological well-being. It is the goal of this policy to foster an environment that educates the whole child as it relates to nutrition, physical activity and social/emotional health. Specific goals, objectives and strategic approaches are addressed in the standards.

The Conway School Board shall appoint a representative to the SAU #9 Wellness and Nutrition committee (referred to as simply the committee). The committee shall be comprised of representatives of each of the following: School Board members, School Administrators, Food Service Director/designee, Student Representative, School Nurse, School Counselor/Family Liaison, Teacher, and Community members. The committee will consist of five voting members, including; three school board members, the chairperson, and the food service director. The Committee is charged with enhancing the health and wellness of our school communities through creating guidelines to increase healthy eating and active lifestyle among children in our district.

All committee meetings are public and members of our community are invited to attend and participate. Updates and meeting minutes shall be posted on the SAU #9 website and be available in hard copy upon request.

The committee shall monitor and report biannual assessments of the policy and its implementation

The committee highly values the health and well-being of every staff member and will support efforts to maintain a healthy lifestyle. Schools are encouraged to implement staff wellness related programs and activities that are consistent with the Wellness Policy. The Conway School Board retains the authority to approve or modify implementation of the Committee's recommendations, procedures or programs within the Conway schools.

Adopted by Conway School Board – June 12, 2006

Reviewed by Policy Committee with change to procedures – January 19, 2007

Revision Adopted – July 10, 2017